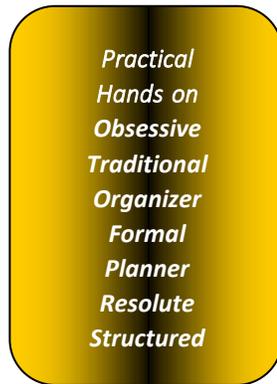


Advanced Awareness Free Personality Test

According to Carl Jung, the famous Swiss psychiatrist, the personality characteristics of just about every person on the planet, regardless of religion, sex, ethnic background, age, or any other difference, fits into a combination of four distinct personality types he labeled: **Thinker**, **Sensor**, **Intuitor** and **Feeler**. Each of these personality types (temperaments) can be described by a set of words on four Personality Awareness Cards:



THINKER (T)



SENSOR (S)



INTUITOR (I)



FEELER (F)

We all exhibit these four personality temperaments. We just have them in different proportions. We typically have a dominant temperament that is the most developed in us, a 2nd temperament that is less developed, a 3rd temperament that is even less developed, and a 4th temperament that is our least developed. Carl Jung believed that improving balance in all four of your personality temperaments leads to a happier life.

Your Personality Temperament Card Rankings - A simple personality self-assessment asks you to rank each of your four personality temperaments. To do this, the cards above are to be ranked from “most-like-you” to “least-like-you”. The card you choose as “most-like-you” represents your dominant personality temperament that you are the most comfortable with. The card you choose as “least-like-you” represents your least comfortable personality temperament. Please rank all four cards and then fill in the Personality Temperament Card Rankings table below.

Your Personality Temperament Card Rankings

Your Name: _____ Date: _____

Dominant: _____

2nd : _____

3rd : _____

Least: _____

Simple Personality Temperament Self-Assessment - Please rate the following words across each row by giving a score of **4 to the word most-like-you**, **3 to the word 2nd most-like-you**, **2 to the word 3rd most-like-you**, and a score of **1 to the word least-like-you**. Start by rating Row 1 across and then work your way down through each row until complete.

Row 1	Active A_____	Practical B_____	Caring C_____	Independent D_____
Row 2	Intelligent E_____	In Harmony F_____	Stable G_____	Fun Loving H_____
Row 3	Reliable I_____	Sensitive J_____	Ambitious K_____	Problem Solver L_____
Row 4	Family Oriented M_____	Optimistic N_____	Emotional O_____	Opinionated P_____
Row 5	Knowledgeable Q_____	Compassionate R_____	Comedian S_____	Planner T_____

Your personality temperament self-assessment scores have been computed below. This is typically more accurate than a Card Sort and it gives a numerical value for each of your personality temperaments. This is an indication of how well your personality temperaments are balanced.

Thinker Score: _____ **Sensor Score:** _____ **Intuitior Score:** _____ **Feeler Score:** _____

Using these scores, please complete your Personality Temperament Self-Assessment Rankings by filling in the table below. Your highest score represents your dominant temperament, your 2nd highest score is your 2nd temperament, your 3rd highest score is your 3rd temperament, and your lowest score represents your least-dominant temperament. How do your self-assessment rankings compare with your Card Sort rankings on the previous page? How well balanced are your temperaments?

Your Personality Temperament Self-Assessment Rankings

Your Name: _____ Date: _____

Dominant: _____ Score: _____

2nd : _____ Score: _____

3rd : _____ Score: _____

Least: _____ Score: _____